

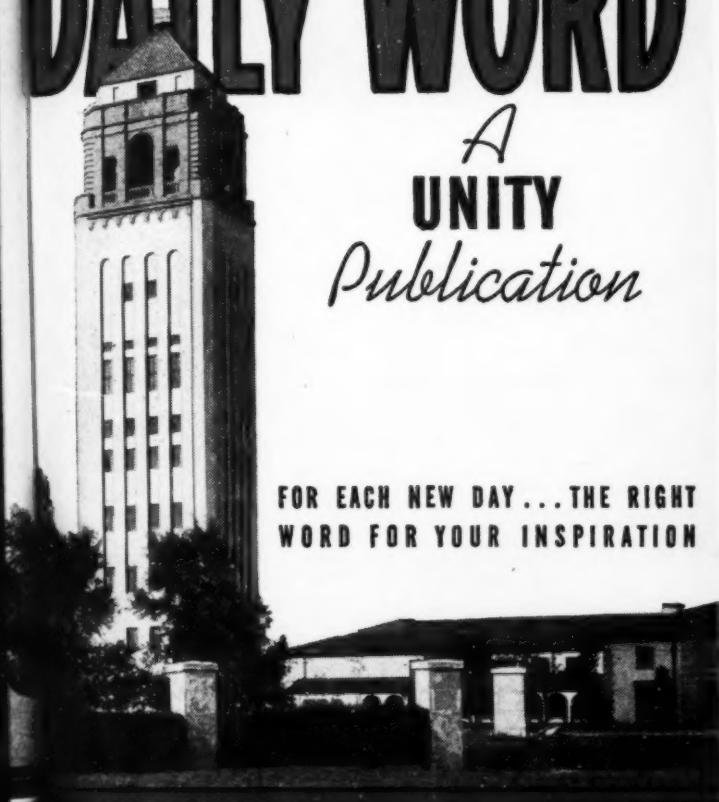
FEBRUARY, 1940

15 CENTS

DAILY WORD

A
UNITY
Publication

FOR EACH NEW DAY...THE RIGHT
WORD FOR YOUR INSPIRATION



SOCIETY OF SILENT UNITY

Affirmations

JANUARY 20 TO FEBRUARY 19

Daily at 11 a. m. join us in this thought for spiritual illumination:

**The burning and shining light of Christ
inspires me.**

At high noon each day concentrate your attention on this
thought for prosperity:

**The riches of the Lord Christ are mine, and
I am bountifully supplied.**

At 9 p. m. each night let us acknowledge the healing power of
Spirit with this prayer:

**I am alive forevermore in the vitalizing
energy of Christ.**

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We also publish *Good Business, Progress, Free Wisdom, Unity, Weekly Unity*, and *Unity Sunday School Leaflet* at \$1 a year each.

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Silent
person
Kansas



DAILY WORD

Vol. 32

FEBRUARY, 1940

No. 2

EDITED UNDER THE SUPERVISION OF SILENT UNITY.

Stately and tall, as pictured on the cover of DAILY WORD, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

Lord, Teach Me How to Love

ROSE SKINNER

Lord, teach me how to love and pray,
To trust Thy holy will,
That I may share each moment's good
With those who seek Thee still.

Lord, teach me how to love and work
That every deed I do
May be to some one in its turn
A service fine and true.

Lord, teach me how to love and live
That I may cheer each heart
And to my fellow man in need
Some blessing rich impart.

Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Requests addressed to Silent Unity, 917 Tracy Ave., Kansas City, Mo., will receive immediate attention. Compensation is by love offering.

Let There Be Peace!



NO ONE in his right mind wants war—or even war in its milder forms of dissension, inharmony, and antagonism. But the person who allows himself to become inwardly a battleground is not in his right mind. He is permitting himself to be swayed by human passions that lead to his own destruction. He becomes a center of infection that may even affect others with whom he comes in contact, unless they show a strong positive reaction against such infection, and unless he curbs such tendencies within himself and transmutes them into impersonal, sane judgment and a positive, unselfish desire that the right be served.

Whatever date history may give for the beginning of a war, it will be found that the war actually began long before an army marched or a blow was struck. Wars begin in human fear and greed and hate. They begin in the inner man, and the only way they can be truly stopped is in the inner man. Otherwise they flare up again repeatedly, as history proves. Until differences are adjusted in the inner man wars continue to be fought in mind, and therefore in outward combat.

A warring state of mind is a threat of war. Every one who fights battles in his mind and emotions is just one step removed from fighting them in fact.

Before a nation is brought into a state of war it must first be brought into a state of mind and emotion that favors war. "Sentiment" must precede the formal declaration. An important part of every war between nations is the preliminary agitation of such sentiment.

If we do not want war we must not make our mind into a battleground.

Are you a storm center? In any difference of human opinion are your feelings strongly partisan? Does it irritate, even anger, you to have others disagree with you? Handle such matters very carefully lest your thought and feeling become a breeding ground for the "germs" that produce the elements of war.

The practical Truth student is one who dedicates himself to righteousness and peace. He refuses to permit his negative feelings, or those of others about him, to control him and to sway his judgment. "He that ruleth his spirit [is better] than he that taketh a city."

That no one ever wins a war is an axiom of common acceptance. It is true of individuals as

well as of nations. When we get our own way through resistance, antagonism, and bitterness, we gain a hollow victory, and commonly lose more than we win. What we get by force we can keep only by force.

Let us learn to think beyond the immediate point to be gained. The victory gained at the expense of our own poise and integrity of spirit and involving humiliation and loss to others is not the end: we must "go on from there." Destruction may be swift; rebuilding is usually a slower and more laborious process. It is infinitely easier to curb and correct negation while it is still in unformed mental and emotional states than after it has crystallized into bitter words and bitter acts.

In human relationships every one is likely to be partly right; no one completely wrong. Remembering this fact at the right time helps wonderfully to temper strong feelings and to make way for ordered reason and judgment.

So long as we function in human consciousness it is probable that "offences" must come, but also there is accompanying "woe" for him "by whom the offence cometh." The way out is an upward way. Rising into Christ consciousness, we are lifted above "offences" and "woes" so that we neither give nor receive offense in all God's "holy mountain."

If offenses and woes have come into our life or if we have been a cause of them in the lives of others, let us waste no time in self-condemnation and recrimination. Instead let us be active in righting wrongs and correcting misunderstandings insofar as we are able, and set about correcting the negative thoughts and feelings within ourselves that contributed to outward inharmony. We can most quickly dissolve negations into their native nothingness by invoking the law of divine forgiveness. "To forgive" means "to give for." Let us give up the lower for the higher. As we strive earnestly to do this we shall be blessed with a deepening sense of peace and well-being.

Right thought leads to right action. When we are thinking aright we are led to do that which works out rightly on the human plane. The word and action that promote right understanding and good feeling flow naturally out of the thought and feeling of one who "ruleth his spirit."

Let us not entertain within ourselves the elements that breed dissension and strife. Let us not dwell upon wars and rumors of wars. Let us not give them the substance of our strongly felt thought. The first lines of battle in any war are battle lines of mental and emotional response. As a fire may be passed on from one man's hand to another's so the inflaming thought is passed on

from mind to mind of those who accept and respond to it.

Let there be no war in our thoughts and actions and there can be no war in our life and our world. "They that take the sword [in thought] shall perish with the sword [in fact]." "Thou wilt keep *him* in perfect peace, *whose* mind *is* stayed on thee."

Houses for the Soul to Live In

To get peace, if you do want it, make for yourselves nests of pleasant thoughts. None of us yet know, for none of us have been taught in early youth what fairy palaces we may build of beautiful thoughts—proof against all adversity—bright fancies, satisfied memories, faithful sayings, treasure houses of precious and restful thoughts which cannot disturb, nor pain, make gloomy, nor poverty take away from us—houses built without hands for our souls to live in.—*John Ruskin.*

For though we walk in the flesh, we do not war according to the flesh (for the weapons of our warfare are not of the flesh, but mighty before God to the casting down of strongholds).—*II Cor. 10:3.*

This I See in You

REBA PAXTON

All in you that's lovely,
All in you that's true,
All in you that's perfect,
This I see in you.

Only love and kindness,
Only patience too,
Only grace and beauty,
This I see in you.

All in you that's splendid,
All in you that's new,
All in you that's thoughtful,
This I see in you.

Only strength and courage,
Only honor too,
Only faith undaunted,
This I see in you.

All that's wise and tranquil,
All that's fine and true,
All that's of the living Christ,
This I see in you.

How Should Truth Students Keep Lent?



MANY earnest Truth students wonder how they should observe the days between Ash Wednesday and Easter Sunday that have been kept sacred through the years in commemoration of the sacrifice made by the Master while He was here on earth. They no longer wish to center their attention upon the Crucifixion but upon the Resurrection. They see that it is easy to dwell so exclusively on the cross, one of the means that Jesus used to become the Christ, that the Resurrection, the result, is forgotten.

Somehow the old idea of self-denial and sacrifice no longer completely satisfies the student of Truth, who feels that Easter should be a time of great gladness rather than one mixed with sorrow.

Would it not be more in keeping with the true spirit of the season to use Lent as a time of spiritual feasting rather than as a time of physical fasting?

A room cannot hold both darkness and light; neither can we hold onto undesirable habits of thought, of eating, or of action when our mind and heart is filled to overflowing with constructive

Truth thoughts.

A Truth feast of this kind will build a spiritual reserve for you. Your soul will be strengthened and renewed even more than by physical self-denial. As you dedicate these Lenten days to a deeper study of Truth, to a definite program that includes study, meditation, and prayer each day of the period, you will find that you are keeping Lent in a spiritual way. Thus you will be led into the Christ consciousness, where you are able to understand and comprehend the beauty, the divine significance, of the Resurrection and what it means in your own life.

The smallest seed deep in the earth makes great preparations for the day of its release from darkness. Often it lies in the ground for months. The shell is then softened by rain and snow, and gradually as the new life within unfolds it bursts the shell and frees itself from the old expression. When the earth is warm from the sun and damp from the spring rains it at last seeks light and air and comes forth in its glory.

The old shell however must be broken and left behind before the new life can become manifest. The old must "die" before the new can be born. And that is the way with us. The old desires, the old thoughts and limitations and habits, must be discarded and forgotten before we can come into

our own spiritual resurrection, our own understanding of a new life, with its glorious opportunities for new growth.

We die to the old as we replace worry or fear thoughts with strong realizations of security and courage. We forget old negative habits in the joy of doing something new, something constructive. This Lenten spiritual feast will nourish and strengthen the Christ consciousness within us until it increases to such proportions that there is no more room for the old negative thoughts, appetites, or actions.

The Gospel story of the life of Christ is good spiritual food upon which to feast during Lent. The study of some Truth book, the one that appeals most strongly to you, in connection with the DAILY WORD lessons will add substance and richness to your Lenten diet. It is not so much that you study as that you become filled with Truth ideas so that the old life is dissolved into nothingness and the new life becomes sturdy and strong.

If you sincerely, earnestly make Lent a time for spiritual feasting, Easter will be a true resurrection for you. False appetites will have disappeared painlessly. Happy, wholesome thoughts and actions will come naturally, and you will truly be made new. Christ in you will have made you new. Christ in you is your resurrection and life.

Faith

ELIZABETH D. SCHUMANN

How sweet to know, O Lord, Thy presence dear
Through every moment of eternal life!

Alone with Thee I rise above all strife
And walk faith's highroad with no thought of
fear.

I keep the inner eye of vision clear
That I may quickly see Thy plan revealed;
I keep my heart in readiness to yield
To Thy great purpose as Thy voice I hear.

Thus do I know Thy goodness and Thy peace,
Thy holy love, and life's most precious gifts.
I need but ask, and lo! Thine answer brings
All that I seek, and more, in swift increase.
Forth from my heart a thankful song uplifts
As in Thy love my spirit soars and sings.

Cross Out the Error



SOME metaphysicians claim that it is not wise to make denials; that the affirmation includes all the mental movement necessary to man's perfect development. This position would be tenable if we had built up our consciousness according to divine law. The student who has carried his mathematical problem forward without making an error does not find it necessary to erase. But if he sees where he has made a wrong computation, what then? Nothing but an erasure, followed by a right computation, will bring the correct answer. We have all fallen short of divine ideals; we must cross out our errors and insert Truth, until our character is brought up to the Jesus Christ standard.

Repentance is a form of denial. The forgiveness of sin is an erasure of mortal thoughts from consciousness. The joy that comes to the converted Christian results from the inflow of divine love, which occurs after the mind has been cleansed by denial of sin. This is a real experience, which may be repeated again and again by one who understands the law of Holy Spirit baptism, until the whole man is sanctified and freed from sin. . . .

The personal self is the ego around which revolve all thoughts that bind us to error. We cannot cross all out at once, but little by little we cast out the specific thoughts that have accumulated and built up the false state of consciousness termed Judas. . . .

A time comes, however, when Judas must be eliminated from consciousness. The agony of mind and the final crucifixion of Jesus represent the crossing out wholly of the false ego, Judas.

"I die daily," said Paul. The "I" that dies daily is personal consciousness, formed of fear, ignorance, disease, the lust for material possessions, pride, anger, and the legion of demons that cluster about the personal ego. The only Saviour of this one is Christ, the spiritual ego, or superconsciousness. We cannot, in our own strength, solve the great, self-purifying problem, but by giving ourselves wholly to Christ and constantly denying the demands of the personal self, we grow into the divine image.

—Charles Fillmore.

So then, brethren, we are debtor, not to the flesh, to live after the flesh: for if ye live after the flesh, ye must die; but if by the Spirit ye put to death the deeds of the body, ye shall live.
—Rom. 8:12, 13.

Thursday

FEBRUARY 1

"ARISE, SHINE; FOR THY LIGHT IS COME, AND THE GLORY OF JEHOVAH IS RISEN UPON THEE."

WITHIN EVERY person is a Spirit that when given right expression will raise him to a new consciousness of himself and his oneness with his God, to a consciousness of more abundant life than he has ever before known. This Spirit is the same Spirit that was in Jesus of Nazareth, which raised Him from the dead; it is the Spirit of the Christ, the real self.

That Spirit is ready to do for us all that it did for Jesus, to free us from the fears and doubts of the sense mind and to lift us above its turmoil and strife. Then is fulfilled in us the promise "And I, if I be lifted up from the earth, will draw all men unto myself."

To be so lifted up means that the Christ self is raised to that high plane of knowledge and power where we shall attract all good. We shall know that the truth concerning Jesus Christ is the great fact of our being.

✿ *Even so the Son also giveth life to whom he will.*
—JOHN 5:21.

GIVING UP ALL PERSONAL DESIRE, I REALIZE
AND EXPRESS THE PERFECT WILL OF GOD IN
ALL MY AFFAIRS.

THROUGH prayer personal desire and personal will give place to the will of God. Many people believe that adversities are brought into their life by God's will, and their idea of prayer is that it is a means of freeing them from the malicious will of God. The truth is that these negative conditions are brought about by their own personal will. Such people need freedom from personal desire and personal will, and they need to know God's will.

The will of God expressed in the individual always brings him peace and health. In his affairs it causes order, justice, and prosperity to appear. When man is conscious of divine will, his mind, body, and affairs express nought but good.

We can see that prayer does not change or dispense with the will of God. Prayer changes the will of man and brings him into harmony with the will of God, and His will then naturally brings good into manifestation.

✱ *The will of the Lord be done.*—ACTS 21:14.

Saturday

FEBRUARY 3

TRUTH PURIFIES MY CONSCIOUSNESS, AND I
FIND NO FAULT IN OTHERS.

WHEN WE see another do wrong, we should refrain from judging his act or condemning him. When we condemn another, we are thinking that he is an evil person. But this is not true of him and never can be true. God created all persons, and He created no evil.

We help others by beholding in them the perfect Christ Spirit. Supported by our faith in them, their faith in their highest ideals is lifted up, and they are given the vision of their place in God's plan. When we forgive another for what he has done, we exchange in our mind a thought of understanding for the thought by which we condemn his lack of true vision.

We help ourselves most when we cease condemning. In condemning others we so darken our own world that we cannot readily see the radiant presence of God. In purifying our consciousness we become receptive to heavenly good.

✿ *Cast out first the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother's eye.—MATT. 7:5.*

GOD'S GOOD IS POURED OUT UPON ME IN NEVER-FAILING MEASURE BECAUSE I ASK BELIEVING AND GIVE JOYOUS PRAISE IN ACCEPTANCE.

THE RINGING praise of happy hearts causes love to harmonize inharmonies, to right seeming wrongs, to uplift the weary, to heal toward perfection, to guide toward prosperity. We can indeed use "the oil of joy for mourning" and put on "the garment of praise for the spirit of heaviness."

No longer is it thought essential to prayer nor is it becoming to the spiritually-minded person to be sad and downcast. It is the joyous heart, the happy spirit, that restores and inspires. It is this same spirit of praise that makes other people, beholding us, want to learn our secret, and apply our principles.

Let us in our togetherness daily pray that the spirit of perpetual happiness be expressed by us and through us. Let us in our faith daily look for our never-failing measure of good, and praise God for its abundance.

* *By prayer and supplication with thanksgiving let your requests be made known unto God.*—PHIL. 4:6.

Monday

FEBRUARY 5

I AM TRUE TO MY CHRIST SELF.

This above all: to thine own self be true;
And it must follow, as the night the day,
Thou canst not then be false to any man.

THESE words of Shakespeare are familiar to all of us. What constitutes being true to oneself? Does it mean rigid discipline in meeting the demands of an exacting conscience? adherence to a high standard of conduct? Unquestionably it means this and more to the Christian metaphysician.

It means being true to the Christ self. It means following Jesus in building the Christlike character. It means returning good for evil in one's innermost thoughts and feelings as well as in outer actions; being loyal to the Christ in others when their human expression falls short of the divine; believing in God as the only presence and power in mind, body, and affairs; remembering that love and gentleness are not meek but all-powerful. It means being greater than temptation, mightier than retaliation, stronger than defeat. Be true to Christ in you, your own Christ self.

✿ *Draw near with a true heart.*—HEBREWS 10:22.

I STEADFASTLY FACE CHRIST, AND THE IDEAL OF HIS LIKENESS IS BROUGHT INTO MANIFESTATION IN ME.

PRAYER and contemplation of the beautiful and good leads to the acceptance of high thoughts and promotes the formation of a Christlike character. We become more and more like the image that we behold. The contemplation of the glory without promotes and develops the glory within. Every person cherishes within himself certain ideals. His individual character is the outpicturing of the ideals he has, for that which is held in the heart, in the mind and consciousness, comes into expression in his life and affairs. It is necessary therefore for him to set high ideals for himself.

Jesus Christ is the divine ideal. He is the standard by which we may measure our thinking and living, and His is the character that we would emulate. We know that we can become like Him, and this knowledge gives us courage to set Him before us as our ideal, our leader unto perfection.

✠ *We all . . . beholding as in a mirror the glory of the Lord, are transformed into the same image.—II COR. 3:18.*

Approach to Lent

THE TRUTH student approaches the Lenten season in a spirit of joyous consecration. He no longer thinks of it as an unhappy period of darkness and denial, but sees it in the light of a new understanding.

We know that the best way to overcome an undesirable characteristic is to replace it with a desirable one. Hence for the beginning of this Lenten season a number of lessons have been prepared that will help us to lay hold more firmly of the consciousness of our Christlike qualities. We believe that our friends and readers may like to unite with us in reconsecrating and rededicating themselves to the practice of following in the footsteps of the divine Way-Shower.

For the next few days and all through Lent let us affirm and realize that we are one with Christ and that day by day we are learning to express His perfection in our life. A conscious strengthening of each of these Christ attributes will make them more firmly a part of us and will enable us to become more truly the perfect expression of the Christ. As we are faithful in this quickening of our inner consciousness Easter will bring to us a new spiritual awakening.

FEBRUARY 7

Wednesday

TODAY I EXPRESS THE FORGIVENESS OF
CHRIST.

TODAY IS Ash Wednesday, set aside throughout the Christian world as a day of penance. To students of Truth it is the beginning of a season of renewal, of release from past mistakes.

Jesus Christ expressed the spirit of forgiveness not grudgingly but fully and freely; never holding those who came to Him to the sins and weaknesses of the past but always giving them new hope and courage. Even to those who persecuted and crucified Him He spoke these beautiful, gentle words "Father, forgive them; for they know not what they do."

The compassionate spirit of the Master lives today in you. Open your mind and heart to it and let it dissolve all bitterness and coldness. Cease condemning yourself or others and enter swiftly and surely into the forgiveness of Christ. As you do so any unhappy idea regarding repentance will leave your mind, and you will become conscious of His benediction in your life, freeing you and blessing you.

* *But there is forgiveness with thee.*—PSALMS 130:4.

Thursday

FEBRUARY 8

TODAY I EXPRESS THE JOY OF CHRIST.

THE OLD conception of Jesus Christ as a "man of sorrows" has been replaced by the understanding that He was in reality a man of joy. His joy was a spiritual impulse that sprang from a consciousness of the indwelling presence of God. "These things have I spoken unto you, that my joy may be in you, and *that* your joy may be made full" was the statement of the Master. His joy originated in that unseen realm within, the kingdom of heaven.

You have within you the inner joy that Jesus had. Realize that your joy is not dependent on outer conditions, and call it forth when things apparently are going wrong. As love has been called the attracting quality so joy may be termed the multiplying quality. Rejoice over the many gifts that you now possess and magnify all your good. As you praise and give thanks for what you now have, you open the way for an ever-increasing inflow of good. You will know the joy of living and your life will be rich and full to overflowing. Christ in you is your constant joy.

• *In thy presence is fulness of joy.*—PSALMS 16:11.

FEBRUARY 9

Friday

TODAY I EXPRESS THE GRACE OF CHRIST.

WHEN ONE studies the life of Jesus Christ, grace is one of the first qualities that is impressed on the mind. He showed at all times a thoughtfulness and consideration of others, a reluctance to entertain any prejudice against them, a constant effort to attain a deeper understanding of life and of His fellow men.

You can express the grace of Christ by a gracious attitude. Graciousness is one of the most winning characteristics you can have. Resolve to see the other person's point of view. Resolve to consider his feelings in all that you say and do. When you give, give with grace; and when it is your turn to receive do so graciously. Courtesy and consideration make for happiness and beauty in living. Search your mind and your heart therefore for ungracious, unloving thoughts and emotions, and cast them out. Let understanding and harmony rule your words and deeds and you will truly be expressing His grace.

* *Grace and truth came through Jesus Christ.*—JOHN 1:17.

LOVE SERVE ITS OWN



L. R. 1900

If that which you
Still see in you
It is Garrying
That you must see
To hear blessing
The true love

What which has
To learn some b
The life of men
And in sin m
That response
That a turn

All love but a
Trans through
To all purpose
To be seek
The love that you
Will His p

If that which you have felt as love divine
Still shines in your heart's deep holy shrine,
It is God's calling in you to proclaim
That you must send love forth in His own name
To heal, to bless, to lift each weary one—
The love that extends from sun to sun.

What has found a place where love could fail
To let some blessing on its shining trail?
The world's men are eager for its touch,
And in men's hearts there is so much
That respond to what you have expressed
That in turn will be forever blessed.

All but a part of God's intent
Transmitted through the soul of man and meant
To achieve purposes so real and true
To bless the seeking throngs and not the few.
The love that you send out this very day
Will fulfill His plan in some appointed way.

Priscilla Drennen

Saturday

FEBRUARY 10

TODAY I EXPRESS THE PATIENCE OF CHRIST.

THE IDEA of impatience cannot be associated with Jesus Christ. He was never impatient with the outworking of God's plan, because He knew that all things work together for good. As regards His fellow beings, He was always forbearing, because He knew that back of the human frailties the Christ Spirit lived in each one. With infinite patience He taught and ministered to all who came to Him.

You can follow Jesus' example and exercise your own divine prerogative of patience. Be patient with yourself even though you do fall short of perfection. You always have the opportunity to make a new beginning. Each effort made brings added knowledge and understanding even though the goal may not be attained after many attempts. Be patient with others and behold the Christ in them. Impatience with others will keep them from expressing their true self. Above all, be patient with God, for as you are faithful to His laws your good will surely come.

● *And the Lord direct your hearts into the . . . patience of Christ.*—II THESS. 3:5.

FEBRUARY 11

Sunday

TODAY I EXPRESS THE PEACE OF CHRIST.

PEACE is one of the outstanding characteristics of Jesus Christ. Strife and dissension magically ceased when He appeared. Even the wind and the sea became calm before the deep, abiding peacefulness of His nature. These words of His still live: "Peace I leave with you; my peace I give unto you."

Make this day a peaceful one. To every warring emotion and experience that comes to you say, "Peace, be still." Jangled nerves will be soothed and your body will respond with a new poise and relaxation. Discord in your affairs will disappear and you will have a new harmony and quietness of spirit. You will become serene with a serenity that will enable you to rise above any adversity.

Establishing peace in the individual consciousness forms the links in the great chain of universal peace that is desired by all. Left with us by the Master, this is the enduring peace that will establish brotherhood among all men, and unity among all nations.

☛ *And let the peace of Christ rule in your hearts.—COL. 3:15.*

Monday

FEBRUARY 12

TODAY I EXPRESS THE CHRIST SPIRIT OF SERVICE.

A LIFE of service is a life of fullness, richness, happiness. The life of Jesus Christ was a life of service. From the very beginning His desire was to serve others. He was never too weary or too busy to answer any call for help that came to Him. He gave freely of His time, His understanding, and His wisdom.

To each life come countless opportunities for rendering service. Open your mind and your eyes to these opportunities. Begin with your family and friends and serve them willingly and gladly. You will be rewarded with love and appreciation that will bring a warm glow to your heart. Watch for occasions to give extra service in your work and see your position grow into a more responsible one and increasingly remunerative. Serve God in every word and deed and hear His loving commendation: "Well done, good and faithful servant." Joyous service takes care of every empty, wasted moment, and it will transform your life.

✿ *Serve him with a perfect heart and with a willing mind.*—I CHRON. 28:9.

TODAY I EXPRESS THE FEARLESSNESS OF CHRIST.

JESUS CHRIST was called upon to meet and master many adverse experiences, more perhaps than any other individual will be called upon to meet. He was able to do so because He was not afraid. He had no fear; nothing daunted Him; He rose triumphant from every trial.

This fearlessness of Jesus' is inherent in you and in every one. If you have not been expressing it, it is only because you have allowed fear thoughts to control your mind. If you have been afraid of disease, of lack, of any person or situation, resolve to start now to free yourself from the shackles of fear and meet life with courage. Facing issues squarely, unafraid, as Jesus did, will bring you a marvelous sense of release. God is good and God is all, so there is no room for doubt or anxiety.

Each overcoming you make, however small, will lessen the power of fear over you, and soon it will disappear into the shadows of unreality. You will become fearless, free, and unafraid.

✿ *The Lord is my helper; I will not fear.*—HEB. 13:6.

Wednesday

FEBRUARY 14

TODAY I EXPRESS THE LOVE OF CHRIST.

LOVE HAS been called the great solvent, the great magnet, the most powerful harmonizing and attracting force in the universe. As Jesus Christ expressed it in every phase of His life here on earth so you too can express it and make your life a testimony to Him.

Jesus was gentle, kind, considerate, tender, tolerant, all characteristic of the great attribute of love. Within you is the same capacity for gentleness, kindness, consideration, tenderness, and tolerance. Decide today to let this Christ love flow through you, smoothing the rough places, quieting the tumult that comes sometimes in the press of material affairs, harmonizing your relations with others. When you are tempted to do or say anything unloving, become quiet and unify yourself with the love of Christ. Discord will vanish and your heart will become so warm and loving that you will become radiant as Christ was radiant. As you express love and are loving you will become lovable and beloved by every one you contact.

✿ *Who shall separate us from the love of Christ?*
—ROM. 8:35.

TODAY I EXPRESS THE POISE OF CHRIST.

THE POISE shown by Jesus Christ at all times was a glorious attainment. He was so centered in His faith in God that nothing could shake Him. He taught and ministered to all who came, a calm, poised figure, and in times of stress His quiet strength became a refuge to which others turned.

You can be poised as Jesus was if you will keep your thoughts centered in God. Refuse to let outer conditions destroy your serenity of spirit. If you find yourself becoming nervous or excited, go within and draw strength and quietness from your indwelling Christ. A steadfast knowing that God is with you and that all things are working together for good will enable you to be poised under all circumstances. Resolve today to rise above every thought of worry, fear, doubt, and anxiety so that you may dwell in the calmness of Spirit. By doing this you become unified with Christ and His poise will be established in you.

* *The work of righteousness shall be peace; and the effect of righteousness, quietness and confidence for ever.—ISA. 32:17.*

TODAY I EXPRESS THE FAITH OF CHRIST.

FAITH AS expressed by Jesus Christ was no weak, wavering thing, but a strong, positive quality. He did not say, "If I can only believe in the power of God, the power of good, I can quiet these seas, feed this multitude, quicken this man to life." He knew that the power of good was greater than any power of negation, and through His living faith He overcame all obstacles, even the final obstacle of death.

Do you have problems of disease, lack, inharmony, limitation of any kind that you desire to solve? You can solve them, for within you is the same power that Jesus had, and He left with you this promise: "He that believeth on me . . . greater *works* than these shall he do." Cast out all thoughts of doubt and fear and have faith in the Christ power indwelling. Faith in the divine power is sure to bring your good to pass. Christ showed you the way; He proved that faith does bring results. So follow His example and the desires of your heart shall be fulfilled.

✿ *Looking unto Jesus the author and perfecter of our faith.*—HEB. 12:2.

FEBRUARY 17

Saturday

TODAY I EXPRESS THE CHRIST SPIRIT OF MEEKNESS AND HUMILITY.

MEELINESS and humility are not indications of weakness; they are the grace of the strong. Meekness does not imply abasement, and humility is not servility. Meekness is an attitude of love, kindliness, and tolerance which neither gives nor takes offense. Humility is the unselfish yielding of personal pride.

It is the strong who are meek. In their strength they know that there is no need for presumption or aggressiveness. It is the great soul who can express the grace of humility. Whenever a person is great, it is because he has sought to be the servant, not the master of others.

Jesus Christ taught, "Blessed are the meek: for they shall inherit the earth." In the act of washing the disciples' feet He gave the perfect example of humility. If you would live richly as Jesus did, be meek. You need not be concerned about your reward, for you shall inherit bountiful good. If you would live graciously and victoriously, serve in a spirit of humility.

✿ *A servant is not greater than his lord.*—JOHN 13:16.

I AM STILL BOTH WITHIN AND WITHOUT SO
THAT I MAY HEAR GOD'S VOICE OF WISDOM.

WHEN WE say, "Let us be still and turn within," we mean that we are to quiet our hands, our feet, our entire body. We are to gather our wandering thoughts, calm all doubts and fears, and give our full attention to the Christ Spirit. As we become relaxed, poised, in harmony with this the image and likeness of our Father, we make of ourselves receptive vessels into which His Spirit may be poured.

In this attitude we hear the voice of wisdom, which is not an audible voice: the words are not spoken in some particular language. Rather we are filled with the knowledge of Truth, we are given divine direction, real inspiration. We know what is right, good, wise, and we do what is right, good, and wise when we leave this stillness. For in this time of silence God has given us the wisdom to guide our steps aright, the inspiration to live peacefully with others, the knowledge to grow stronger day by day in His likeness.

✿ *Incline thine ear, and hear the words of the wise.*
—PROV. 22:17.

Monday

"NIGHT'S CANDLES ARE BURNT OUT," AND
THE DAY OF SPIRIT LIGHT APPEARS.

HAVE YOU been in the habit of dwelling in the darkness of night by holding tense, fearful, or unforgiving thoughts? Have you been so immersed in gloom and depression that only a dim light, as the light of a candle, illumined your way?

Then realize that "night's candles are burnt out." Night has passed, and it is day! You are through with perplexing experiences, with insufficient illumination, and with lack of every kind. You have left behind you the darkness of despair, the memory of any deep hurt, the fear of what might come to pass.

You are aware that darkness is nothing in itself. It is merely the absence of light. Therefore you think of Spirit light, and darkness vanishes. You behold only light. This light appears as wisdom, faith, love, understanding, courage, peace, and joy. Look confidently to Spirit. Live in the day of Spirit light.

☛ *If a man walk in the day, he stumbleth not, because he seeth the light of this world.*—JOHN 11:9.

Affirmations

COMPOSED BY

Charles Fillmore

AND USED BY

The Society of Silent Unity

FEBRUARY 20 TO
MARCH 19

Daily at 11 a. m. join us in this thought for spiritual
*ILLUMINATION . . . "Night's candles
are burnt out," and the day of Spirit
light appears.*



At high noon each day concentrate your attention on this
thought for

*PROSPERITY . . . "All things that the
Father hath are mine" is now fulfilled
in me, and I am supplied with all good.*



At 9 p. m. each night let us acknowledge the power of
Spirit for

*HEALING . . . As the living expression
of God's perfect idea I am made whole.*



FEBRUARY 20

Tuesday

"ALL THINGS THAT THE FATHER HATH ARE MINE" IS NOW FULFILLED IN ME, AND I AM SUPPLIED WITH ALL GOOD.

WHEN JESUS said that all that the Father had was His, He was not making a bold statement in order to impress His hearers. He was speaking a truth from His spiritual consciousness, a truth that He understood thoroughly and proved. He knew that God the Father is the source of all that ever was or ever can be. He came and dwelt among us so that we might learn how to receive the good that God has already prepared for us.

As you learn to believe the promises of the Father as Jesus did, you will find that these promises are fulfilled in you momentarily according to your need. The Father's good is always available. Live daily in the consciousness of joyous expectancy. Whether your need is food, raiment, shelter, additional comforts, employment, or greater opportunity, all this is yours innately. Because God is your Father your good is assured.

✿ *It is your Father's good pleasure to give you the kingdom.*—LUKE 12:32.

Wednesday

FEBRUARY 21

AS THE LIVING EXPRESSION OF GOD'S PERFECT IDEA I AM MADE WHOLE.

YOU ARE a spiritual being, because the source of your existence is in God, who is Spirit. At the very core of your being God has implanted His perfect idea of you. You become the living expression of that perfect idea when you remove from mind every thought that would impede the free flow of His spiritual life in your organism.

Let every thought, every impulse, every act be one of harmony, for health is the spontaneous, natural expression of inner calm. As you become established in the serenity and peace of Spirit, you are assured of self-control, mental order, and wholeness. Your body responds with remarkable alacrity to this inner harmony.

Within you is a veritable spring of eternal life, a fountain of youth and freshness and vitality. As you release this life by recognizing that it is there, it springs forth and expresses itself in your body as abiding health.

• *Ye therefore shall be perfect, as your heavenly Father is perfect.*—MATT. 5:48.

THROUGH CHRIST I AM FREE WITHIN MYSELF
AND I GRANT FREEDOM TO ALL PERSONS.

FREEDOM COMES when we see with the single eye of Spirit and know all things to be good. We must give every person the freedom to think and act for himself, just as we expect others to refrain from interference with us.

Whenever we try to influence the thought of another individual, we are assuming responsibility for his actions insofar as we have turned him from his basic thought and purpose. We have deprived him of his divine right to express his higher self in the way he knows is best for him. Instead of praying for another to do some specific thing, let us pray that he may be divinely guided.

The time we spend making plans for others we should utilize in seeking the way of life for ourselves. We must find that way alone. No one can do it for us, and we cannot do it for others. We are free to think as we choose only when we have released all others from any bondage in which we have held them through our thoughts.

* *The law of the Spirit of life in Christ Jesus made me free.*—ROM. 8:2.

Friday

FEBRUARY 23

THE DIVINE LAW OF GIVING AND RECEIVING
IS ACTIVE IN ME AND MY AFFAIRS. I GIVE
FREELY AND RECEIVE BOUNTIFULLY.

THERE IS a definite law of giving and receiving. This law is based upon a consciousness of the Truth that God is the eternal substance in which all things take form.

When we invoke love in our giving, we give divinely and we receive richly and abundantly. When we share our good in the spirit of love we are not anxious about receiving; we simply work in accord with the divine law, knowing that there is plenty to supply the demand.

Giving in the Spirit we may be assured of having plenty from which to give, for Spirit substance is unlimited and inexhaustible. Enlarging the channel for giving also increases the capacity to receive. The good giver is also a good receiver, for he must give in order to receive.

Let us keep the channel of our mind open to receive our blessings from God's unlimited storehouse of good.

♣ *Jehovah thy God will bless thee in all thine increase.*
—DEUT. 16:15.

FEBRUARY 24

Saturday

I TRUST GOD TO DIRECT ME INTO THE WAY
OF MY GOOD.

WHEN THE challenges of life seem difficult, what a joy it is to know that you can trust in God! You need not attempt to solve your problems by your own personal wisdom. Through your mind you have contact with the mighty intelligence of God that directs the universe. The wisdom of Him who governs all things by perfect law can be trusted to reveal the path to individual good.

Turn within to the wisdom of God. Let go of thoughts of anxiety and uncertainty so that you may be receptive to His guidance. When you are conscious of His directing wisdom, you find joy in working with Him to bring forth good. Look continually to God as the governing power in your life. Realize that He is silently but powerfully working to bring all things into harmony with His plans for your good. Give thanks that He is the source of your happiness, and confidently expect His good to come to you from every direction.

✻ *Trust in Jehovah with all thy heart.*—PROV. 3:5.

Sunday

FEBRUARY 25

I HAVE EVER BEEN WITH MY FATHER, AND
I SHALL BE WITH HIM FOREVERMORE.

MAN is eternally one with God. He has been since the beginning, and he always will be. Jesus undoubtedly was aware of His eternal existence and His divine oneness with the Father. Did He not pray to have restored to Him "the glory which I had with thee before the world was"? Then let us seek that glory which we have in our oneness with the Father. The very fact that the mind sometimes questions after the hidden things of life indicates that it is time for the prodigal to arise and go to his father.

Whatever good we desire can be ours. It is ours now, but we may not be consciously in possession of it. Now that we are awakening to the realization of the truth, we are learning to know ourselves anew. We are again catching new visions of what in reality belongs to us. As we regain the awareness of our spiritual nature, of our eternal sonship to God, we shall again share His glory with Him.

✿ *I came out from the Father.*—JOHN 16:28.

FEBRUARY 26

Monday

THE ZEAL OF CHRIST INSPIRES ME TO GO FORWARD IN TRUTH TO NEW HEIGHTS AND NEW ACCOMPLISHMENTS.

THERE IS nothing more satisfying than to realize that one has a mission in life and to know that one is fulfilling that mission. Many people, after only a little study and application of the principles of Truth, become so self-satisfied when they compare themselves with those about them that they rest from their efforts. They have not become aware of the fact that stagnation is death.

The mission of each of us should be to see that more of good, more of God, is brought into expression. We cannot do this by being content with what we are now expressing; we must constantly raise our standards for ourselves.

The true standard is the Christ. When we take Him as our standard, we cannot remain in a rut. He would have us go onward and upward toward perfection, toward the fulfillment of our divine mission, the expression of the Christ.

*I will meditate on thy precepts,
And have respect unto thy ways.*

—PSALMS 119:15.

Tuesday

FEBRUARY 27

I AM RECEPTIVE ONLY TO TRUTH, AND TRUTH ALONE GOVERNS MY THOUGHTS AND WORDS.

IF DARKNESS were to challenge the sun for recognition, it would be instantly dissolved and its unreality proved. Likewise when you are constantly in a frame of mind that contemplates only the good, you ultimately attain a consciousness against which negation cannot prevail. When your thoughts and words are filled with light and love they cannot express pain or inharmony.

When your mind is not filled with peace and disorders appear in your body or your affairs, it is evident that you have not been thinking and speaking in terms of Truth. Many ideas regarding climate, drafts, weather conditions, foods, outside forces of any kind, are but delusions that come from failure to think and speak constructively.

The Truth abides within you. Open your mind to it and be receptive only to those ideas which have their source in Truth.

✿ *Give me understanding, and I shall keep thy law.*
—PSALMS 119:34.

FEBRUARY 28

Wednesday

THROUGH THE POWER OF CHRIST WITHIN
I HAVE ALL POWER AND AUTHORITY.

A REALIZATION of the Christ Truth gives you all necessary power and makes you understand your power to overcome every kind of limitation. Be an overcomer! Expel from your life every form of limitation by establishing a powerful consciousness of Truth. When adversity comes your way, it will not be able to overthrow your strong spiritual consciousness; it will be overcome and defeated.

Jesus overcame all manner of obstacles because His spiritual consciousness was powerful. Sin and disease were obliterated by it; death was overthrown; the power of the material world became powerless. Jesus Christ is typical of every man of God. Each one can rise to the Christ consciousness and do the works of the Christ. His power to overcome is infinite. His power is the power of omnipotence. Through the power of Christ within you have power to change all situations to good. You can transform every circumstance and make it yield good. The power and authority are yours.

♣ *He had power with God.*—HOSEA 12:3.

Thursday

FEBRUARY 29

I AM FREE FROM ALL LIMITING THOUGHTS OF AGE, AND I EXPRESS THE YOUTHFULNESS OF SPIRIT.

THE THOUGHT of advancing age is one of the most persistent of race thoughts; yet in each heart there is a strong opposition to its dominion. This very opposition is a divine assurance that we need not yield to the belief that added years bring impairment of the faculties and a general slowing down in every way.

People strive in an outer way to keep the appearance of youth, and this is a step in the right direction. We must also work in an inner way however to establish ourselves in the true youthfulness of spirit. Take time each day to bless every organ and function of your body. Take time also to see that your mind and heart are filled with new ideas. This conscious renewing of mind and body will enable you to rise above the thought of age, and you will find that unconsciously you will express youthfulness in idea and in manifestation. As you free yourself of all thoughts of age your youth will be renewed.

☛ *Thy youth is renewed like the eagle.*—PSALMS 103:5.

What Wee Wisdom can do for my child

Modern parents realize that other forces besides home environment and the school have a part in molding the character and attitude of their children. Judged by the number who insist on their children's having WEE WISDOM each month, a great many parents recognize the vital effect that reading has upon a child's attitude.



WEE WISDOM is important for every home where there are children because it is planned to give a maximum of both entertainment and training in the use of Truth principles. This training is all the more effective because it is imparted subtly; it is woven into the story, acted out by characters who become the friends and playmates of youngsters who read the stories. By example rather than by lecture are the lessons in courage, honesty, and good citizenship emphasized in WEE WISDOM.

Such early training in Truth means that youngsters are less likely to form wrong thought habits; that later they will not have to cut away a web of negative thinking before they turn to God for health and well-being.

Give your boy and girl the pleasure and advantage of a WEE WISDOM subscription. It costs only \$1 a year, and each issue potentially carries many times that value in entertainment and in encouragement for using Truth.

Wee Wisdom

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Prayer is not conquering God's reluctance, but taking hold of God's willingness.
—*Phillips Brooks*

Do not hesitate to ask God for anything that you need. God loves to serve you, and His will for you is greater good than you could ever desire for yourself. Form the habit of asking and expecting His help and see how surely God will respond.

The purpose of the Prosperity Bank plan is to drill you in relying upon God to meet your every need. An affirmative prayer is sent you to be used daily, and Silent Unity will co-operate with you to make this prayer effective. Use the Bank seven weeks. Each day as you pray for your own prosperity drop a coin in the Bank to provide Unity literature for your friends. Praying and sharing will hasten your demonstration.

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BEGINNING IN

February Issue of Unity Magazine



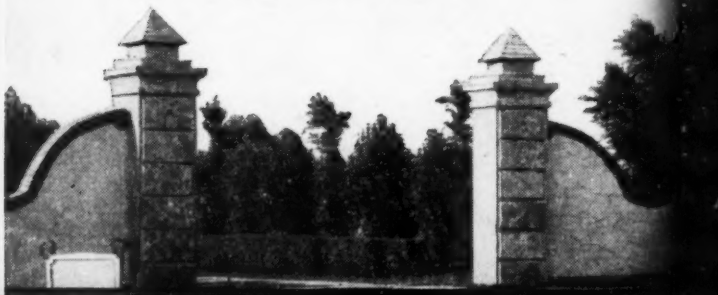
This is the first time this series has been published by
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